

The OHN's mandate is to deliver proactive occupational health programs that help prevent accidents, illness and injury and promote employee health.

This includes identifying potential occupational health and safety issues, promoting healthy lifestyles and behaviours, providing resources, education, counselling and solving problems. **OHNs get into the heart of an organization and work closely with both management and employees** to implement cost-effective strategies based on best practices that restore employee health and promote safe and timely return to work.

Increasingly, employers include "must be an OOHNA member" as part of their job descriptions because they know the candidate is covered by **Professional Liability Insurance** – saving the employer money and giving them peace of mind.

OHNs have the knowledge and expertise to help employers with:

**HEALTH and SAFETY
WELLNESS and HEALTH PROMOTION
BUSINESS STRATEGIES
DISABILITY MANAGEMENT**



OHNs help workplaces achieve a healthier bottom line.

Occupational Health Nurses know that a healthy workforce can mean healthy profits.

An effective Occupational Health and Safety Program results in:

- Increased productivity
- Decreased absenteeism
- Reduced compensation benefit costs
- Reduced workplace injuries and illnesses
- Fewer disruptions in day-to-day business
- Enhanced profile as a responsible and caring organization



**Need Insurance?
Have Questions?
Want to Hire an OHN?**

Contact

The Ontario Occupational Health Nurses Association

701 Evans Ave., Suite 504
Toronto, ON M9C 1A3

Tel: 416.239.6462

E-mail: administration@oohna.on.ca
www.oohna.on.ca

ONTARIO OCCUPATIONAL HEALTH NURSES ASSOCIATION



www.oohna.on.ca

WHAT IS OCCUPATIONAL HEALTH NURSING?

Occupational Health Nursing provides integrated occupational health and safety services to employers and employees. OHNs are Registered Nurses and Registered Practical Nurses (RPN/LPN) with a diploma and/ or degree in Nursing. They may also have a college certificate in Occupational Health Nursing or a university diploma in Occupational Health. Nurses with specialized education and/or experience can achieve the designation of COHN(C) awarded by the Canadian Nurses Association. In Ontario, Occupational Health Nurses are regulated under the Nursing Act and the Regulated Health Professions Act.

HOW DO I BECOME AN OCCUPATIONAL HEALTH NURSE?

If you are a Registered Nurse or Registered Practical Nurse in Canada, licensed by your provincial College, you may *immediately* apply for membership in OOHNA and receive professional liability insurance and other valuable benefits such as access to OOHNA's on-line job board. **85% of available Occupational Health and Safety (OH&S) jobs for Ontario nurses are listed with OOHNA.**

You do not require a COHN(C) designation to join OOHNA.

An RN or RPN/LPN who is currently not working in Occupational Health & Safety and wants to perform functions related to OH & S, will need to do one or more of the following

- Take an OH&S course
- Join the Ontario Occupational Health Nurses Association (OOHNA)
- Find a job in OH&S (contact OOHNA office for assistance)
- Visit www.oohna.on.ca for your Education Information and Area Association listings

NURSING STUDENTS RECEIVE FREE OOHNA MEMBERSHIPS

Membership benefits include:

- Subscription to the OOHNA Journal and On-line newsletter;
- Member rates for webinars, workshops and annual conference;
- Mentors for new members;
- Access to the OOHNA Job Board;
- **Assistance in finding Occupational Health & Safety practicum placements.**

RECEIVE COMPREHENSIVE INSURANCE COVERAGE AT THE BEST RATE

For more than 20 years, OOHNA has offered the most comprehensive insurance coverage for Professional Liability Insurance to its members at the best rate. Insurance is available to all licensed Registered Nurses and Registered Practical Nurses (RPNs/LPNs) in Canada who qualify for OOHNA membership and are approved by the Insurance Carrier.

NEED INSURANCE?

Contact the OOHNA office (416-239-6462; E: administration@oohna.on.ca) for details or www.oohna.on.ca and click on **OOHNA Membership**.

OCCUPATIONAL HEALTH AND SAFETY CHECKLIST

Does your current Health and Safety program include these components?

- Yes No Baseline Health Assessments
- Yes No Communicable Disease and Infection Prevention Control Practices (e.g. Immunization)
- Yes No Customized Training (e.g. Stress Management and First Aid)
- Yes No Data Collection and Analysis
- Yes No Disability Case Management and Return to Work Assessments
- Yes No Disaster Planning
- Yes No Employee Assistance Program
- Yes No Environmental Monitoring (e.g. Noise, Air Quality and PPE – Personal Protective Equipment)
- Yes No Ergonomic Policies and Programs (e.g. Assessment, Education, Repetitive Strain Injury Prevention and Back Injury Prevention)
- Yes No Health & Safety Policy and Program Development
- Yes No Interdisciplinary Consultation and Support (e.g. Human Resources, Joint Health and Safety Committee)
- Yes No Legislation Awareness and Interpretation (e.g. Occupational Exposure Level, WHMIS)
- Yes No Medical Surveillance (e.g. Lung Function, Audiometry and Vision Screening)
- Yes No Risk Management
- Yes No Wellness
- Yes No Workplace Mental Health

If you answered No to any of these, your current program may not be meeting your needs. To find out how we can help, contact

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416.239.6462 or administration@oohna.on.ca
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