



Updated: August 24, 2020

COVID-19 Resources and Updates for Occupational Health Nurses

OOHNA recognizes how busy everyone has become as a result of COVID-19. As the subject matter experts on health-related issues, our workplaces are relying heavily on us to stay informed and provide guidance. To support you in this, we are taking this opportunity to provide you with a list of resources that you may find useful in the weeks ahead.

Given how quickly information is changing we have decided to provide you with valuable links from credible sources, that you can check as the need arises. This list is not all encompassing, and we welcome any member's input if they have come across any other resources that they find useful.

Remember the 4 "S": **Stay** calm, **Seek** to be informed, be **Supportive** of the needs of your organization and **Share** your expertise as you are not alone.

**Recently Added*

COLLEGE OF NURSES OF ONTARIO

- [CNO Information: COVID-19- What all Nurses Need to Know](#)

THE WORLD HEALTH ORGANIZATION

- [WHO Covid-19 Homepage](#)
- [Daily Situation Reports](#)
- [WHO Online Courses](#)
- [WHO "Getting Workplace Ready"](#)
- [WHO Advice for Health Workers](#)
- [Your Questions Answered by the WHO](#)

CENTER FOR SYSTEMS SCIENCE AND ENGINEERING (CSSE) AT JOHNS HOPKINS UNIVERSITY

- [Up to date COVID-19 Global Numbers](#)

CENTRE FOR DISEASE CONTROL AND PREVENTION (CDC)

- [CDC COVID-19 Home](#)
- [CDC Workplace, Home, and School Guidance](#)
- [CDC Information for Health Care Professionals](#)

GOVERNMENT OF CANADA

- [Public Health Agency of Canada- COVID 19](#) (24-hour hotline: 1-800-454-8302)

- [What Health Professionals Need to Know](#)
- [Traveling Safe](#)

MINISTRY OF HEALTH ONTARIO

- [COVID-19 Provincial Testing Guidance Update](#) *
- [COVID-19 Reference Document for Symptoms](#) *
- [Ministry of Health COVID-19 Homepage](#)
- [Ministry of Long-Term Care Health Sector Guidance](#)
- [Public Health Ontario COVID-19 Best practices](#)
- [Provide Supplies, Innovation, Ideas to the Government of Ontario](#)
- [Healthcare Provider Recruitment- Sign up to Help](#)
- [FREE Digital Clinic for Ontarians](#)

OCCUPATIONAL HEALTH AND SAFETY ISSUES RELATED TO COVID-19

- [How to Self Monitor Symptoms](#)
- [Working from Home during a Pandemic-Ergonomic Principles](#)
- [DriverCheck Inc's Guide to Social Distancing](#)
- [Disinfection of Filtering Facepiece Respirators](#)
- [Prevention and Management of Skin Damage Related to PPE 2020](#)
- [DriverCheck Inc's Sequence for putting on PPE](#)
- [COVID- 19 Occupational Health Nurse's FAQ- An Occupational Health Physician's Perspective](#)
- [HEALTH AND SAFETY GUIDANCE DURING COVID-19 FOR EMPLOYERS OF OFFICE SETTINGS](#)
- [Guidance on Worker Procedures \(Handling Paperwork\) During Covid-19](#)
- [Operational Plan for Workplaces-NB](#)

LEGAL AND WORKPLACE ADVICE

- [Workplace and Employer Preparedness by Hicks Morley](#)
- [Pandemic Planning by Stringer Management Lawyers](#)
- [COVID-19 24 hour Employer Support by Matthew Dinsdale](#)
- [OOHNAs Report- Privacy and the OHN During COVID-19 By Theresa Hartley from McCague Borlack LLP](#)
- [Employment Standards Act 2020](#)

MENTAL HEALTH

- [Mental Health Commission of Canada COVID-19 Resource Hub](#)
- [COPING WITH STRESS, ANXIETY, AND SUBSTANCE USE DURING COVID-19](#)
- [Coping with COVID-19- FREE Digital Therapy for Ontarians](#)

WEBINARS/PODCASTS

- [COVID-19: Protecting Health Care Workers - Lessons from Taiwan and Italy](#)
- [Ontario Medical Association COVID-19 Podcasts](#)

SUPPLIES

Health-care providers facing immediate supply needs can email the ministry at EOCLogistics.MOH@ontario.ca.