

THIS IS WHAT OH NURSES DO

- ✓ Baseline Health Assessments
- ✓ Communicable Disease & Infection Prevention Control Practices (e.g. Immunization)
- ✓ Customized Training (e.g. Stress Management and First Aid)
- ✓ Data Collection & Analysis
- ✓ Disability Case Management & Return to Work Assessments
- ✓ Disaster Planning
- ✓ Emergency Response
- ✓ Employee Assistance Programs
- ✓ Environmental Monitoring (e.g. Noise, Air Quality and PPE – Personal Protective Equipment)
- ✓ Ergonomic Policies & Programs (e.g. Assessment, Education, Repetitive Strain Injury Prevention and Back Injury Prevention)
- ✓ Health & Safety Policy & Program Development
- ✓ Injury & Illness Reporting
- ✓ Interdisciplinary Consultation & Support (e.g. Human Resources, Joint Health and Safety Committee)
- ✓ Legislation Awareness & Interpretation (e.g. Occupational Exposure Levels, WHMIS)
- ✓ Medical Surveillance (e.g. Lung Function, Audiometry and Vision Screening)
- ✓ Risk Management
- ✓ Treatment & Follow-up
- ✓ Wellness
- ✓ Workplace Mental Health

To find out more, talk to your College or University advisor or contact

The Ontario Occupational Health Nurses Association

administration@oohna.on.ca
www.oohna.on.ca

Do Something Different.

Specialize in Occupational
Health Nursing.

- ✓ Challenge and diversity
- ✓ Prevent workplace illness and injury
- ✓ Promote workplace health and wellness
- ✓ Be part of the Business Management Strategy Team

**Questions?
Need a Placement?
Want a Mentor?**



Contact

The Ontario Occupational
Health Nurses Association
5510 Creekbank Rd, Suite C
Mississauga, ON L4W 0A1

Tel: 905.219.0044 ext 2626

E-mail: administration@oohna.on.ca
www.oohna.on.ca

**OHNs really make
a difference.**

INFORMATION FOR NURSING STUDENTS



OOHNA KEEPING
WORKERS
WELL

Ontario
Occupational
Health Nurses
Association

www.oohna.on.ca

WHAT IS OCCUPATIONAL HEALTH NURSING?

Currently there are approximately 3,000 nurses working to protect the health of Canadian workers by providing integrated occupational health and safety services to employers and employees.

Occupational Health Nurses (OHNs) work closely with managers, supervisors, human resources professionals and individual employees to **maintain, promote and restore employee health, safety and well-being.**

OHNs are Registered Nurses and Registered Practical Nurses with a diploma and/ or degree in Nursing. They may also have a college certificate in Occupational Health Nursing or a university diploma in Occupational Health. Nurses with specialized education and/or experience can achieve the designation of COHN(C) awarded by the Canadian Nurses Association. In Ontario, Occupational Health Nurses are regulated under the Nursing Act and the Regulated Health Professions Act.

HOW DO I BECOME AN OCCUPATIONAL HEALTH NURSE?

If you are an RN or RPN (LPN) in Canada, holding a valid certificate of registration from your province, you may immediately apply for membership in OOHNA, which includes professional liability insurance and other valuable benefits (i.e. access to OOHNA's on-line job board).

You do not require a COHN(C) designation to join OOHNA.

An RN or RPN (LPN) who is currently not working in Occupational Health & Safety but wants to perform functions related to OH & S, may choose to:

- ✓ Take an Occupational Health & Safety course
- ✓ Find a job in Occupational Health & Safety (any RN or RPN (LPN) can apply for OH&S jobs)
- ✓ Visit www.oohna.on.ca for your Education Information and Area Association listings
- ✓ Join the Ontario Occupational Health Nurses Association to gain access to the on-line job board

A significant number of available Occupational Health & Safety (OH&S) positions for Ontario nurses are listed with OOHNA.

NURSING STUDENTS RECEIVE FREE OOHNA MEMBERSHIPS

Membership benefits include:

- Subscription to the Journal of the Ontario Occupational Health Nurses Association;
- On-line newsletter;
- Member rates for webinars, workshops and annual conference;
- Mentors for new members;
- Access to the OOHNA Job Board;
- **Assistance in finding Occupational Health & Safety practicum placements.**

Visit www.oohna.on.ca to find out more or e-mail administration@oohna.on.ca

The OHN's mandate is to deliver proactive occupational health programs that help prevent accidents, illness and injury and promote employee health.

This includes identifying potential occupational health and safety issues, promoting healthy lifestyles and behaviours, providing resources, education, counselling and solving problems. OHNs get into the heart of an organization and work closely with both management and employees to implement cost-effective strategies based on best practices that restore employee health and promote a safe and timely return to work.

Occupational Health Nurses have an excellent track record of successful dialogue and consultation with employers, educational institutions and government.

OHNs have the knowledge and expertise to help employers with:

**Health and Safety
Wellness and Health Promotion
Business Strategies
Disability Management**

<http://www.oohna.on.ca/what-is-occupational-health-nursing/>