



**Ontario Occupational
Health Nurses Association
53rd Annual Conference**

KEEPING WORKERS WELL 2024

VIRTUAL WORKSHOPS
Thursday, May 23, 2024

VIRTUAL CONFERENCE
Friday, May 24, 2024

oohna.on.ca

Information & Registration



**ONTARIO OCCUPATIONAL
HEALTH NURSES ASSOCIATION**

**KEEPING WORKERS WELL 2024
53rd Annual Conference**

**Thursday, May 23 – Virtual Workshops
Friday, May 24 – Virtual Conference**

**Thank You Sponsors and Education Champions
We couldn't do it without you!**

SPONSORS



EDUCATION CHAMPIONS



Keeping Workers Well 2024

Virtual Workshops And Conference May 23 and May 24, 2024



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Network ➤ Empower ➤ Discover

Dear Colleagues and Professional Associates,

The OOHNA Board of Directors, our Sponsors and Education Champions, welcome you to **Keeping Workers Well 2024**, the 53rd annual conference of the Ontario Occupational Health Nurses Association.



This year's learning experience is all virtual, offering a "Knowledge Check" pre-conference workshop day, Thursday, May 23rd followed by a one-day conference May 24th .

Increase your interactive learning experience by attending the new Ideas Exchange. These networking sessions offer presenters and sponsors the opportunity to expand on their ideas and answer more of your questions.

Our goal is to offer outstanding education designed specifically for occupational health, safety, and wellness professionals – is supported by our sponsors. On behalf of the OOHNA Board of Directors, I want to acknowledge and thank this year's Sponsors and Education Champions:

- | | |
|-------------------------|---|
| CTR Institute | Levitt-Safety Inc. |
| DriverCheck Inc. | Renascent |
| ERGO Inc. | Ridgeway Occupational Consultants Inc. |
| Gowan Consulting | Workplace Strategies for Mental Health |

OOHNA virtual conferences attract OHS professionals from across Canada and beyond who come together to share the latest research and information with the goal to improve the health, safety, and well-being of workers.


Keeping Workers Well 2024 will be an enriching experience!

Karen Watson, RN, BHSc(N), COHN(C), CRSP
President






Keeping Workers Well 2024

THURSDAY, MAY 23, 2024 | "KNOWLEDGE CHECK" VIRTUAL WORKSHOP DAY

- 0830 – 1200 Full-Day Workshop – **Navigating Difficult Client Relationships** – *Nicole Deagle, CTR Institute*
[2024-Workshop-FD]
- 0830 – 1200 Half-Day Workshop – **Disability Management – What it is and What it is not** - *Louise Ellis, BHA, RN, COHN(C)*
[2024-Workshop-HD-AM]
- 1200 – 1230  **Lunch**
- 1230 – 1600 Half-Day Workshop – **Neurodiversity in the Workplace** – *Nicolette Gowan and Kelly Stewart, Gowan Health*
[2024-Workshop-HD-PM]
- 1230 - 1600 Full-Day Workshop – **Navigating Difficult Client Relationships** – resumes
- 1600 **"Knowledge Check" Workshop Day concludes**

FRIDAY, MAY 24, 2024 | KEEPING WORKERS WELL VIRTUAL CONFERENCE DAY

- 0900 **Welcome** – *Lina Di Carlo, RN, COHN (S), CRSP, PMP, Executive Director, OOHNA*
- 0905-1000 **Musculoskeletal Conditions and Chronic Pain Among Working Patients** –
[2024-Plen-1] *Dr. Andrea Furlan, University Health Network and Lynn Cooper, Canadian Injured Workers Alliance*
- 1000 – 1100 **Artificial Intelligence and the Health, Safety, Well-being of Workers.**
[2024-Plen-2] **What does the evidence tell us?** – *Dr. Arif Jetha, Institute for Work & Health*
- 1100 -1200  **Sponsor Showcase**
- 1200 – 1230  **Lunch**
- 1230 – 1330 **Collaborative Care: Recognizing the Need for Intensive Virtual Outpatient Services in Nursing Practice** – *Dr. Sandra Primiano and Shannon Remers, Homewood Health Inc.*
[2024-Plen-4]
- 1330 – 1430 **How to Write a Professional Business Case and How to Market it to Management**
[2024-Plen-5] – *Dr. Emile Tompa, Institute for Work and Health*
- 1430-1530 **RN Prescribing and Diagnosing - A New Frontier for Occupational Health Nurses**
[2024-Plen-6] – *Lina Di Carlo, OOHNA, Stephanie Pelligrini, Humber College and Anastasia Semenova, Canadian Nurses Protective Society*
- 1530 -1630  **Ideas Exchange** – Continue the conversation. Topics TBA
[2024-BreakOuts-7]
- 1630 **Closing Remarks** – *Lina Di Carlo, RN, COHN (S), CRSP, PMP, Executive Director, OOHNA*
- 1630 **Keeping Workers Well 2024 ends**



KEEPING WORKERS WELL 2024

Registration Rates

CODE	OOHNA MEMBERS	
M-EB	<p>Early Bird Rate (March 25- April 12) 2-day package only OOHNA members save \$169.50. After April 12, members purchase each day individually – no package rate.</p>	$\$300 + \39.00 HST <hr/> \$339.00
M-Reg-W	<p>Regular Rate (April 13 – May 22) Workshop Day (May 23)</p>	$\$225 + \29.25 HST <hr/> \$254.25
M-Reg-C	<p>Regular Rate (April 13 – May 22) Conference Day (May 24)</p>	$\$225 + \29.25 HST <hr/> \$254.25
CODE	PARTNERS	
P-REG-W	<p>Partner Rate* Workshop Day (May 23) <i>(*Rate available to provincial nursing associations, health & safety associations, human resources associations)</i></p>	$\$265 + \34.45 HST <hr/> \$299.45
P-REG-C	<p>Partner Rate* Conference Day (May 24) <i>(*Rate available to provincial nursing associations, health & safety associations, human resources associations)</i></p>	$\$265 + \34.45 HST <hr/> \$299.45
CODE	NON-MEMBER	
N-Reg-W	<p>Non-Member Regular Rate Workshop Day (May 23)</p>	$\$350 + \45.50 HST <hr/> \$395.50
N-Reg-C	<p>Non-Member Regular Rate Conference (May 24)</p>	$\$350 + \45.50 HST <hr/> \$395.50
CODE	RETIRED MEMBERS and STUDENTS	
RM-S-V	<p>Non-Practicing/Retired OOHNA Members & Students* 1 Day Virtual Conference (May 24) <i>*Students defined as nurses who can prove registration in a college/university OH Nursing program.</i></p>	$\$40 + \5.20 HST <hr/> \$45.20

CANCELLATION POLICY

- NSF cheques will be assessed a \$16.95 processing fee.
- Refunds may be issued upon WRITTEN REQUEST up to May 6, 2024, less an administration fee of \$79.10. No Refunds will be issued after this date.
- Registration transfer may be considered upon written request up to May 16, 2024, less an administration fee of \$33.90
- HST exemption forms MUST accompany the registration form where applicable.

PAYMENT INFORMATION

Payment by Cheque or Credit Card must accompany completed registration form.

Please send Cheque made payable to:

OOHNA Conference

Ontario Occupational Health Nurses Association
5110 Creekbank Road, Suite C, Mississauga, ON L4W 0A1

OR Non-member and members can scan completed registration with credit card payment and email to: administration@oohna.on.ca

IMPORTANT! CONTINUING EDUCATION CREDITS | CE records are not maintained by the Ontario Occupational Health Nurses Association. Participants are responsible for maintaining CE Credit hours.



OOHNA MISSION STATEMENT

To foster a climate of excellence, innovation and partnership enabling Ontario Occupational Health Nurses to achieve positive workplace health and safety objectives.

Ontario Occupational Health Nurses Association

5110 Creebank Road, Suite C
Mississauga, Ontario L4W 0A1
Tel: 905-219-0044, ext. 2626

Email: administration@oohna.on.ca

Website: www.oohna.on.ca

Lina Di Carlo, RN, COHN (S), CRSP, PMP)
Executive Director

Alysha Hunsberger
Association Coordinator

Frances MacCusworth, MA
Associate Executive Director

Ayesha Nasir
Association and IT Coordinator

CONFERENCE LEARNING OBJECTIVES

- To provide quality continuing education for Occupational Health Nurses
- To encourage high standards in the specialty of Occupational Health Nursing
- To provide a forum for the exchange of ideas
- To provide a cooperative environment for learning
- To promote the objectives of the OOHNA Mission Statement

KEEPING WORKERS WELL 2024

IMPORTANT! CONTINUING EDUCATION CREDITS

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2024 CONFERENCE PLANNING COMMITTEE

OOHNA Board of Directors

2024 BOARD OF DIRECTORS

President **Karen Watson**, RN, BHSc(N), COHN(C), CRSP

Secretary **Amy Connell**, RN, BScN, COHN(C)

Directors Stephanie Ireland, RN, BScN, COHN(C)
 Agnes Lussier-Dow, BScN, COHN(C), NP-PHC
 Drew Sousa, RN, COHN(C)

OOHNA PAST-PRESIDENTS

1972/73	Pat Ewen, RN, COHN(C)
1974/75	Jean Laing, RN
1976/77	Dorothy Schwab, RN, COHN(C)
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1986/87	Bev Harris, RN, COHN(C)
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1992/93	M. Suzanne Arnold, RN, B.A., M.Ed., COHN(C)
1994/95	A. Brian Verrall, MSc, DOHS, RN, COHN(C), COHN-S
1996/97	Kay Godden, RN, COHN-S, COHN(C), CRSP
1998/99	June Shaw, RN, COHN(C), COHN-S
2000/01	Suzanne Gumpert, RN, BScN, OHN, COHN(C)
2002/03	Edith Hodgson, RN, MS, BScN, DOH, COHN(C), COHN-S
2004/05	Jane Lemke, RN, BHSc(N), COHN(C)
2006/07	Marg Creen, RN, BScN, COHN(C), COHN-S, CDMP, MA(DM)
2008/09	Marlene Demko, RN, DOHN, COHN(C)
2010/11	Lina Di Carlo, RN, COHN(C), CRSP
2011/13	Karen Watson, RN, BHSc(N), COHN(C), CRSP
2013/17	Ken Storen, RN, COHN(C)
2017/19	Karen Watson, RN, BHSc(N), COHN(C), CRSP
2020/22	Karen Watson, RN, BHSc(N), COHN(C), CRSP
2024/25	Karen Watson, RN, BHSc(N), COHN(C), CRSP

2024 CONFERENCE CHAIR OOHNA PRESIDENT

KEEPING WORKERS WELL 2024

53rd ANNUAL OOHNA CONFERENCE

"KNOWLEDGE CHECK" VIRTUAL WORKSHOPS | THURSDAY, MAY 23, 2024



*Virtual Workshops
Sponsor*

0830 – 1600 Navigating Difficult Client Relationships (Full-Day Workshop)
[2024 WS-FD] – *Nicole Deagle, CTR Institute*

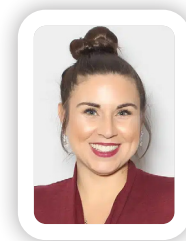
For those who work in a helping role, it can be very challenging when clients are vulnerable, stressed-out, or quick to engage in conflict. Complicating matters is that difficult dynamics in the relationship are often amplified by different styles of communicating. This workshop reviews what contributes to these challenges, including the intra-personal, inter-personal, and organizational factors. By looking at case studies, participants will learn how to alter their interactions with clients they find difficult in order to transform unhealthy relational patterns into more positive interactions and outcomes. Topics include:

- What makes a person difficult?
- The cycle of escalating difficult behaviour
- Shift the problem from person to pattern
- Shift from judgment to curiosity
- Assessment of problems: Is it mine, theirs, or ours?
- Strategies for the passive aggressive pattern
- Strategies for the chronic anger pattern
- Strategies for the chronic resistance pattern
- Considerations around challenges related to mental health
- Creating a cycle of cooperative behaviour

Speaker:

Nicole Deagle, MSW, RSW

Nicole is a bilingual trainer with Crisis & Trauma Resource Institute (CTRI). She is a Registered Social Worker and holds a Master of Social Work degree. Nicole also has additional certifications in areas related to trauma and loss, suicide prevention and intervention, violence and threat risk assessment, and nonviolent crisis intervention. Her professional experience includes direct clinical practice with children and youth in individual and group settings; systemic work targeting organizational change, crisis intervention, mental health training, postsecondary education in the social services field, service coordination, and clinical supervision.



Nicole Deagle

0830 – 1200 Disability Management – What it is and What it is not (Half-Day Workshop)
[2024 WS- AM] – *Louise Ellis, Johnson & Johnson*

Participants will gain an understanding of what Disability Management is - and what it isn't; regardless of the nature of the underlying medical condition. Through a comprehensive review of Disability Management process, including case studies, attendees will learn how to support workers to navigate through accommodation, absence management, recovery and finally through to successful (and sustainable) return-to-work plans.

A considerable amount of time will be spent on how to successfully maintain role scope, while driving stakeholder collaboration to support employees' successes. Associated legislation and case law is incorporated throughout the session.

Speaker:

Louise Ellis, BHA, RN, COHN(C), Johnson & Johnson Global Health Services (GHS) Multi-Site Lead Canada, has enjoyed a diverse career journey that has supported her to build subject matter expertise in holistic, integrated Organizational Health Benefits and services.



Louise Ellis

Like many other employee health professionals, Louise is accustomed to contributing in a variety of ways, including her competencies in infection control management, health care navigation, and health data analysis. With a strong passion for holistic Disability Management (both work-related and non-work-related illnesses/injuries), Louise particularly enjoys providing consultation for employees facing mental health/emotional well-being challenges.

1200 – 1230**Lunch****1230 – 1600****Neurodiversity in the Workplace** (Half-Day Workshop)

[2024 WS- PM]

– *Nicolette Gowan and Kelly Stewart, Gowan Health*

The value of diversity and inclusion in the workplace is at the forefront of many organizations' core values. In recent years there has been an increased awareness of the importance of considering neurodiversity and the need for appropriate support for neurodivergent workers in the workplace. It has been shown that Neurodivergent individuals experience barriers in accessing employment and often lack the support and accommodations to thrive and facilitate career progression including access to leadership positions.

In this workshop, learners will be provided with evidence-based theoretical knowledge alongside practical strategies for supporting neurodivergent workers. By the end of the workshop through information sharing and practical application, learners should understand:

- The definition of Neurodiversity and neurodivergence;
- The benefits of supporting neurodivergent workers and a neurodiverse workplace;
- Challenges neurodivergent workers face;
- Common accommodations and supports;
- Communication strategies when interacting with neurodivergent workers;
- How to share functional information with managers and HR when supporting the neurodivergent worker.

Speakers:

Nicolette Gowan, BKin, MScOT, OT Reg. (Ont.), President and COO, Gowan Consulting.

Nicolette is a registered Occupational Therapist with experience working in mental health, accommodation, ergonomics, stay at work and return to work planning in various industries. She is the owner, president and COO of a national health and disability management company offering support across Canada and now the USA. Over the more than 30 years, the organization has worked in partnership with employers, employees and unions to develop customized strategies that improve employee success, health and productivity.



Nicolette Gowan

She has presented on topics spanning from ergonomics to mental health and inclusive

accommodation to financial, health care, industrial and charitable organizations. Nicolette has been published in the Canadian Journal of Occupational Therapists (2020). She regularly offers webinars, blogs, and newsletters to a broad audience on disability management, health, and accommodation topics. Nicolette has a unique interest in mental health, psychotherapy and mindfulness techniques within Occupational Therapy practice and facilitating stay-at-work for persons with disabilities.

Kelly Stewart, HBOR, BSc, MScOT, OT. Reg. (Ont.), Occupational Therapist and Interim Training Manager, Gowan Consulting



Kelly Stewart

Kelly Stewart graduated from the University of Western Ontario’s Master’s in Occupational Therapy Program. Over the last 18 years, she has worked in several settings including hospital acute care, rehabilitation, and outpatient programs, community care, and private outpatient clinics.

Her current work involves assessment and interventions for work accommodations and return to work for clients working in various industries. Many of her clients experience difficulties at work due to mental health or cognitive challenges with a number experiencing a late diagnosis of ADHD. This has led to an interest in cognitive rehabilitation and supporting neurodivergent workers and has included presentations to several organizations on Neurodiversity in the workplace and supporting neurodivergent workers. She was the past Vice President/Secretary of the Ontario Society of Occupational Therapists and recently presented at their annual conference on the topic of Occupational Therapy Practice for Supporting Workers with ADHD.

1200 - 1600 Navigating Difficult Client Relationships continues

1600 “Knowledge Check” Workshop Day ends.

KEEPING WORKERS WELL CONFERENCE | FRIDAY, MAY 24, 2024



Renascent*
The road to recovery starts here.

Virtual Platform Sponsor

0900 Welcome – Lina Di Carlo, RN, COHN(S), CRSP, PMP
Executive Director, OOHNA

0905 – 1000 **Musculoskeletal Conditions and Chronic Pain Among Working Patients**
[2024-Plen-1] – *Dr. Andrea Furlan, University Health Network and Lynn Cooper, Canadian Injured Workers Alliance*

This session will focus on an examination approach for a person with musculoskeletal conditions.

You will learn:

- Indications of opioids for nociceptive, neuropathic and nociplastic chronic pain
- Evidence-based treatments for low back pain
- Impact of working with chronic pain on the person

Speakers:

Dr. Andrea Furlan is a specialist in Physical Medicine & Rehabilitation. She obtained a PhD degree in Clinical Epidemiology at the University of Toronto. Currently she is Associate Professor in the Department of Medicine at the University of Toronto, Senior Scientist at KITE, Toronto Rehab, UHN and Scientist at the Institute for Work & Health. She is chair of ECHO Ontario Chronic Pain and Opioid Stewardship and Co-chair of ECHO Occupational and Environmental Medicine a pilot project funded by WSIB. Dr. Furlan is a physician in the pain clinic at Toronto Rehabilitation Institute, which is part of the Toronto Academic Pain Medicine Institute or TAPMI.



Andrea Furlan

Lynn Cooper has been a national pain community leader, spokesperson, advocate, and educator, working toward improving pain management for Canadians for over 20 years. As a person with lived experience in workplace injury, persistent pain and a caregiver role, Lynn advocates and models that the voices and perspectives of people impacted by pain be imbedded in research, policy discussions, and initiatives that will create solutions for more effective and compassionate pain care. Among her past roles within the pain community, Lynn served as president of the former Canadian Pain Coalition and on Health Canada’s scientific review panels regarding opioid prescribing.



Lynn Cooper

In her current work, Lynn is the Director of Research and Education for the Canadian Injured Workers Alliance, is a Power Over Pain Portal development team member, and participates on the ECHO Ontario Chronic Pain and Opioid Stewardship hub team. Lynn co-chairs the Training and Capacity Building committee of the Chronic Pain Network and participates on numerous pain and work injury related research teams. Lynn also continues her involvement in updates to clinical practice guidelines for opioids and cannabis for chronic pain.

1000 – 1100 **Artificial Intelligence and the Health, Safety, Well-being of Workers:**
 [2024-Plen-2] **What does the evidence tel us? – Dr. Arif Jetha, Institute for Work & Health**

The Canadian labour market is undergoing an artificial intelligence (AI) revolution. Growing numbers of employers across all sectors are integrating AI into their workplaces to automate tasks typically performed by human workers. The rapid advancement and adoption of the technology is changing the nature and availability of work. In this presentation, we will examine current data to highlight potential challenges and opportunities that AI can play within the working world. We will also discuss the potential implications the technology can have for the health, safety, and well-being of workers.

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Session learning objectives:

- To provide a better understanding of AI and the role it can play within the workplace
- To understand the state of science on AI and its implications for the health, safety and well-being of workers
- To identify important steps occupational health and safety practitioners can take to address the potential harms AI can pose to workers.

Speaker:

Dr. Arif Jetha is an Associate Scientific Director and Scientist at the Institute for Work & Health (IWH) and Associate Professor at the University of Toronto’s Dalla Lana School of Public Health. His research spans population health, systems science, and social policy to examine how workplace AI applications can change working conditions and impact the well-being and employment engagement of workers. He earned his PhD from University of Toronto and holds an MSc from the London School of Economics and Political Science.



Dr. Arif Jetha

1100 – 1200 Sponsor Showcase
[2024-Plen-3]

This session offers informative 10-minute presentations on “What’s New?” by representatives from CTR Institute, DriverCheck Inc., Gowan Consultants, Ridgeway Occupational Consultants Inc., and Renascent.

1200 – 1230 Lunch



1230 – 1330 Collaborative Care: Recognizing the Need for Intensive Virtual Outpatient Services in Nursing Practice – Jasvin Suri Baweja and Dr. Sandra Primiano, Homewood Health
[2024-Plen-4]

This session aims to foster collaborative mental health care by addressing the critical role of nurses in recognizing and responding to the need for intensive outpatient services (IOP). Explore how nurses can utilize virtual outpatient services for treatment of occupational stress and/or other mental health/substance use diagnosis. Grounded in the interprofessional collaboration between mental health and nursing professionals, the session will explore the complexities of mental health care. Gain insights into the indications for IOP, collaborative assessment practices, and healthy coping strategies for managing occupational stress and other mental health and substance use related symptoms. Real-life case studies and success stories will highlight the positive impact of collaborative care in an outpatient setting on patient outcomes.

Session Objectives:

Understand the Indications for Intensive Outpatient Services (IOP):

- Explore the signs and symptoms of mental health challenges
- Recognize and recommend Intensive Outpatient Services (IOP) when it is a good fit
- Benefits of Outpatient Treatment

Enhance Collaborative Practices and Promote a Holistic Approach to Patient Care:

- Explore the importance of interdisciplinary teams in mental health care and recognize the integral role of nurses
- Enhance collaborative practices and incorporate holistic approaches to improve patient outcomes

Navigate Patient Transitions Between Inpatient and IOP:

- Understand the nurse's role in ensuring smooth transitions
- Explore strategies for effective communication during patient handoffs
- Address practical considerations and logistics in delivering virtual IOP services

Address Nurse Well-being and Self-Care:

- Explore the nurse's role in promoting comprehensive patient care. Address both physical and mental health needs in nursing practice
- Acknowledge the emotional toll of mental health care and occupational stress faced by nursing professionals
- Resources and strategies for nurses well-being and self-care at work to prevent burnout
- Encourage open discussion on the importance of self-care in nursing practice

Occupational Stress and Mental Health of Nursing Professionals

- Occupational Stressors and the impact on the mental health of nursing professionals
- Personal coping strategies and the availability of supports in the workplace
- Early intervention and importance of seeking treatment to stay at work and/or have a successful return to work

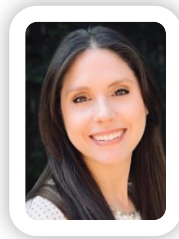
Destigmatize Mental Health Care and Promote Awareness:

- Understand the role of nurses in destigmatizing mental health care
- Encourage open dialogue and education within healthcare settings
- Promote awareness and understanding of mental health challenges

Speakers:

Dr. Sandra Primiano, Ph.D., Psy.D., is Vice President, Research, Quality and Clinical Practice and oversees the development and maintenance of high standards for clinical care while also driving research initiatives to improve treatment outcomes and patient experiences.

Sandra has worked in different mental health roles for over 15 years and in the EFAP industry more than 8 years in different leadership positions as well as offering direct client services, developing clinical programs, facilitating workshops.

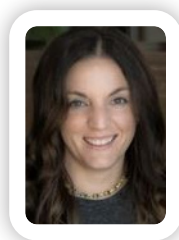


Sandra Primiano

Dr. Primiano graduated from the Université du Québec à Montréal (UQAM) with a Ph.D. and Psy.D. in Clinical and Experimental Psychology. She previously worked as a Psychology Consultant for Veterans Affairs Canada (VAC), where she supported the delivery and coordination of evidence-informed mental health services in the 11 Operational Stress Injury Clinics across Canada.

Shannon Remers, MSc., Dip. Forensics Science is Director of Research and Outcomes at Homewood Health Inc. (HHI), where she leads HHI's internal research initiatives aimed at optimizing outcomes, bringing best practice into programs, implementing measurement-based care in treatment, and using psychometrics to help determine optimal treatment plans.

Shannon has worked in the mental health and addictions sector for 15 years. She received her Master of Science in Cognitive Neuroscience from Wilfrid Laurier University, a Bachelor of Science in Biology and Psychology and a diploma in Forensics Science from Saint Mary's University.



Shannon Remers

1330 – 1430 **How to write a professional Business Case and How to market it to Management**
 [2024-Plen-5] - *Dr. Emile Tompa, Institute for Work & Health*

This session will review and discuss how to prepare a business case for occupational health and safety (and disability management) initiatives. A business case is a management tool to support planning and decision-making for an investment. It is written for a specific organization. A business case is needed when resources for a project must be justified. The main purpose of the business case is to inform the investment decision-making process. It summarises the key aspects of the decision context to enable the organisation to make an informed decision about the issues, the alternatives to consider, and ultimately which alternative is the best option with which to move forward. It plays a critical role in supporting organizational decision-makers by contextualizing the decision, reinforced with evidence. In this session, you will learn about the elements that need to be included in a business case and how to market it to senior management.

After successfully completing this session, you will be able to:

- Recognize what makes a good business case.
- Prepare and market a business case for senior management.
- Develop an implementation plan for a business case.

Speaker:

Emile Tompa, MBA, MA, PhD is a senior scientist at the Institute for Work & Health. He is executive director, Inclusive Design for Employment Access, and holds appointments as an associate professor in the Department of Economics at McMaster University and as an assistant professor at the Dalla Lana School of Public Health at the University of Toronto. He also has an appointment at Pacific Coast University where he is area lead for research and sits on the curriculum and ethics committees. Dr. Tompa is co-director of the Centre for Research on Work Disability Policy, a seven-year, pan-Canadian initiative funded by a Social Sciences and Humanities Research Council Partnership Grant. He recently chaired a CSA Group technical committee that developed a Work Disability Management System Standard (CSA Z1011).



Emile Tompa

He is an associate editor for BMC Public Health and is on the editorial boards of the Journal of Occupational Rehabilitation and the Scandinavian Journal of Work Environment and Health. Research interests include the consequences of occupational health and safety system design on the health and well-being of individuals and populations, the economic evaluation of workplace interventions for improving the health and well-being of workers, the economic burden of occupational injury and illness, and the analysis of disability policy systems.

1430 – 1530 **RN Prescribing and Diagnosing – A New Frontier for Occupational Health Nurses –**
 [2024-Plen-6] *Stephanie Pelligrini, Humber College, Lina Di Carlo, OOHNA, and others*

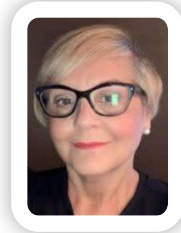
The College of Nurses of Ontario (CNO) has been working on this enhancement for a number of years and in 2023 approved several colleges and universities to provide the training program that was developed by the CNO.

Facilitated by OOHNA executive director, Lina Di Carlo, this session will begin with Stephanie Pelligrini, program advisor, Continuous Professional Learning, Humber College who will discuss the new RN prescribing role and the opportunities and applicability for the occupational health nurse in workplace settings. The session will review the training modules, list of medications permitted all of which has been set out by the College of Nurses of Ontario (CNO).

Anastasia Semenova, Legal Counsel with the Canadian Nurses Protective Society, will discuss the legal and professional liability protection considerations related to RN prescribing.

Speakers:

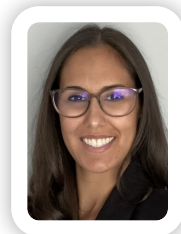
Lina Di Carlo, RN, COHN-s, CRSP, PMP is executive director of the Ontario Occupational Health Nurses Association (OOHNA) She is an Occupational Health Nurse with over 35 years of experience in both health care and manufacturing settings.



Lina Di Carlo

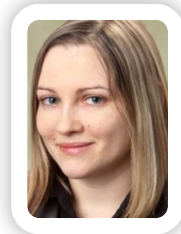
Lina has developed workplace policies, programs, and implemented services to facilitate health and safety but also engaging key stakeholders to incorporate employee wellbeing and safety as part of a company business plan and priority. She continues to advocate for worker health and safety with various levels of government including other external stakeholders and has a certificate in Workplace Mental Health from Queens University. In the recent past she participated in the development and deployment of a company wide phased-in initiative on psychological safety and wellbeing. This included a wellbeing baseline scorecard, mental health training for both employees and managers and access to a wellness application which provides a plethora of resources, training and health tracking capabilities.

Stephanie Pelligrini, RN is the program advisor at Humber College in the Continuous Professional Learning department. Mrs. Pellegrini aims to help students become excited about taking their knowledge to the next level. She started her nursing career at Humber College completing her RPN program in 2013. After completing the pre-graduate experience, she worked in the Women's and Children's program at a GTA hospital. After gaining invaluable experience, she enrolled in the bridging program at Humber College in collaboration with the University of New Brunswick and received her RN designation. Stephanie currently works at Humber College as an instructor, program advisor, and curriculum developer and as a professor at Seneca College. Her most recent experience was having the pleasure of working on the RN diagnosing and prescribing course with the College of Nurses of Ontario to ensure all competencies were met



Stephanie Pelligrini

Anastasia Semenova, HBA, LLB, LLL, is Legal Counsel with the Canadian Nurses Protective Society. Anastasia is a bilingual lawyer with experience in health law, civil litigation and privacy. She is a member of the Law Society of Ontario.



Anastasia Semenova

1530 – 1630  **Ideas Exchange**
[2024-Breakouts-7]

Continue the conversation in breakout rooms where you can "AMA" (Ask Me Anything) with speakers and benefit from in-depth discussions with colleagues and sponsors. You are free to move from room to room to sample all discussions. List of topics TBA.

1630 **Closing remarks** - *Lina Di Carlo, RN, COHN-s, CRSP, PMP Executive Director, OOHNA*

1630 **Keeping Workers Well 2024 ends**



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